Print Resources

Journals
All the journals currently subscribed to by HEFT Library Services are available electronically. For a comprehensive list, please refer to the ‘HEFT Journals’ section in this guide or search via ASK HEFT Discovery tool http://tinyurl.com/z795c8c using your Athens login for a complete list.

Books
For a comprehensive list of books available on Nutrition and Dietetics across the three sites, please search the Library Catalogue: www.base-library.nhs.uk

Contact details of Outreach Librarians

Ann Button
Faculty Outreach Librarian (Medicine and Medical Related specialities)
☎ 0121 424 2503
✉ Ann.Button@heartofengland.nhs.uk

Sue Clayton
Faculty Outreach Librarian (Obstetrics and Gynaecology, Paediatrics, Allied Health Professionals and Nursing)
☎ 0121 424 5195
✉ Sue.Clayton@heartofengland.nhs.uk

Preeti Puligari
Faculty Outreach Librarian (Surgery, Anaesthesia and Surgical Related specialities)
☎ 0121 424 7836
✉ Preeti.Puligari@heartofengland.nhs.uk

Nutrition and Dietetics Resources Guide

Awareness
24/7 ACCESS on each site for all staff

Support
SUPPORT in your STUDIES

Knowledge
Ever been puzzled by a clinical condition?

The Outreach Librarian for Nutrition and Dietetics is Sue Clayton
☎ 0121 424 5195
✉ Sue.Clayton@heartofengland.nhs.uk

ASK your Outreach Librarian to:

• Guide you to evidence based resources
• Carry out literature searches for patient care, audit, guidelines, CPD and research
• Inform you of the latest evidence bulletins
• Review and improve books, journals and electronic resources
• Support your Journal Club
• Attend ward rounds, meetings or clinics
• Support your departmental Team Knowledge Officer

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**Electronic Resources**
The NHS subscribes to key healthcare databases, full text journals, e-books and more for its staff. To access these you need to have an Athens username and password. You can obtain one by self-registering at: [https://openathens.nice.org.uk/](https://openathens.nice.org.uk/)
You can find out more about Athens Self-Registration or pick up a flyer from the Education Centre Libraries at Good Hope, Heartlands and Solihull.

**e-Books Collection**
eBook titles are listed on the library catalogue [www.base-library.nhs.uk](http://www.base-library.nhs.uk)
Choose your own eBooks by simply logging on with your Athens account at [www.ebookcentral.proquest.com/](http://www.ebookcentral.proquest.com/)

**Health & Well Being Books**
[www.base-library.nhs.uk](http://www.base-library.nhs.uk)
A collection of Mood/Reminiscence and fiction books are also available in the Trust libraries.

**e-Journals**
You can access the following electronic journals using your Athens account from [ASK HEFT Discovery Tool](http://tinyurl.com/z795c8c):
- Better Nutrition
- Clinical Nutrition
- Food, Science & Nutrition
- International Journal of Obesity and Related Metabolic Disorders
- Journal of the Academy of Nutrition & Dietetics
- Journal of Health, Population and Nutrition
- Journal of Human Nutrition & Dietetics Journal of Nutrition, Education & Behavior
- Journal of Nutrition & Metabolism
- Journal of Renal Nutrition
- Nutrition & Diabetes
- Nutrition & Dietetics
- Nutrition Journal
- Nutrition Research
- Obesity

**Useful Websites**
This section lists some useful websites, organisations, professional bodies, and patient information sites useful for Nutrition & Dietetics professionals.

**Anatomy TV**
[www.anatomy.tv/](http://www.anatomy.tv/)
Access to 3D models of human anatomy. The anatomical models can be rotated and layers of anatomical details stripped away and added as required. **Access via Athens**

**ASK –HEFT Discovery Tool**
[http://tinyurl.com/z795c8c](http://tinyurl.com/z795c8c)
This is a “Google” type tool enabling a “one search” for guidelines, eBooks, eJournals and full text articles. **Access via Athens**

**BASE—eLearning**
[www.base-library.nhs.uk](http://www.base-library.nhs.uk)
Opportunity to learn at your own pace and acquire new skills.

**BMJ Case Reports**
[www.casereports.bmj.com/](http://www.casereports.bmj.com/)
Clinically important common or rare conditions. Browse recent cases by specialty, or locate videos and images. **Access via Athens**

**Clinical Key**
[www.clinicalkey.com/](http://www.clinicalkey.com/)
Clinical Key enables searching from a single platform across eBooks and eJournals, as well as videos, drug information and images.

**Clinical Skills.net**
[www.clinicals.net/](http://www.clinicals.net/)
More than 160 clinical skills procedures, all in a user-friendly illustrated format and regularly updated. **Access via Athens**

**Cochrane Clinical Answers**
[www.cochraneclinicalanswers.com/](http://www.cochraneclinicalanswers.com/)
Practical evidence for healthcare decision making.

**Cochrane Library**
[www.thecochranelibrary.com/](http://www.thecochranelibrary.com/)
Full-text access to high-quality evidence such as systematic reviews and randomised controlled trials (RCTs) to inform healthcare decision making.

**Dietetics Online**
Provides dietetic professionals with Internet links on topics that affect their careers and in general.

**Institute of Food Research**
[www.ifr.ac.uk/](http://www.ifr.ac.uk/)
Research into harnessing food for health and controlling food related diseases.

**KnowledgeShare**
[www.heftlibrary.nhs.uk/](http://www.heftlibrary.nhs.uk/)
A targeted “current awareness” service for high impact documents in your area.

**NHS Evidence**
[www.evidence.nhs.uk/](http://www.evidence.nhs.uk/)
24/7 portal available to all NHS staff and students to access nationally procured resources.

**NHS Improving Quality**
[www.england.nhs.uk](http://www.england.nhs.uk)
NHS IQ is the force for improvement across the NHS in England, bringing together knowledge from across the NHS shape healthcare improvement.

**TRIP Pro**
[www.tripdatabase.com/](http://www.tripdatabase.com/)
TRIP is a smart, fast tool for you to find high-quality clinical research evidence. **Provided by Health Education England.**

**UpToDate**
[www.uptodate.com/](http://www.uptodate.com/)
An evidence-based knowledge system authored by physicians to help clinicians make the right decisions at the point of care. **Access via Athens.**