Better Nutrition and Fluid Management

Listed below is the high level evidence on Better Nutrition and Fluid Management produced by NICE, SIGN and NHS based organisations. Also included are the European Society guidelines where available. This list is produced and maintained by HEFT Library Services to support VITAL for Doctors core skills programme developed in the Trust.

Local (HEFT) Policies

24 Hour Fluid Balance Monitoring Nursing Guideline v1.0
Maria MacKenzie, Ruth Spedding & Katrina Creedon, November 2011. Next Review Date: September 2014

Adult Parenteral Nutrition Guidelines
Rachel Lees, Barbara Dovaston, Kristine Curtis, Dr Alan Jones, Colene Ferreira, Nick Bolton, Debbie Kemp, Dr Ian Chesner, July 2011. Next Review Date: October 2012

Guidelines for the Prevention and Management of Refeeding Syndrome in Adults
Rachel Lees, Debbie Kemp, Dr Alan Jones, Colene Ferreira, July 2011. Next Review Date: October 2013

Feeding a Dependant Patient Nursing Guideline v1.0

NICE Guidelines and Pathways

NICE Pathways – Nutrition Support in Adults Overview - 2013

BNF Intravenous Nutrition. NICE April 2013

NICE support for commissioners and others using the quality standard on nutrition support in adults November 2012

Nutrition support in adults Oral nutrition support, enteral tube feeding and parenteral nutrition
NICE Guidance CG32, 2006

Feeding a Dependant Patient Nursing Guideline v1.0

Map of Medicine

Fluid and Electrolyte Imbalance
Other National Guidelines & Non-UK Guidelines (includes Professional Bodies/Associations within the European Union)

**British Consensus Guidelines on Intravenous Fluid Therapy for Adult Surgical Patients Giftasup**
Jeremy Powell-Tuck et al. On behalf of BAPEN Medical 2011

**Nutrition in Chronic Kidney Disease (CKD)**
The Renal Association, 2010

**Management of patients with stroke: identification and management of dysphagia A national clinical guideline**
SIGN Guidance, 2010

**Systematic Reviews – Cochrane Library**
**Nutritional interventions for reducing morbidity and mortality in people with HIV**
Sarah S. N. Mahlungulu, Liesl Grobler, Marianne ME Visser, Jimmy Volmink
February 2013

**Enteral feeding methods for nutritional management in patients with head and neck cancers being treated with radiotherapy and/or chemotherapy**
Brenda Nugent, Sian Lewis, Joe M O’Sullivan
January 2013

**Nutritional supplementation for stable chronic obstructive pulmonary disease**
Ivone Ferreira, Dina Brooks, Yves Lacasse, Roger Goldstein, John White
December 2012

**Pre-operative Nutrition Support in Patients Undergoing Gastrointestinal Surgery.**
Burden S, Todd C, Hill J, Lal S.
November 2012

**Interventions for dysphagia in acute stroke**
Philip MW Bath, Fiona J Bath-Hextall, David Smithard
October 2012

**Nutritional support for acute kidney injury**
Yi Li, Xi Tang, Juqian Zhang, Taixiang Wu
August 2012

**Nutritional support for liver disease**
Ronald L Koretz, Alison Avenell, Timothy O Lipman
May 2012

**Percutaneous endoscopic gastrostomy versus nasogastric tube feeding for adults with swallowing disturbances**
Claudio AR Gomes Jr, Suzana AS Lustosa, Delcio Matos, Régis B Andriolo, Daniel R Waisberg, Jaques Waisberg
March 2012
Medically assisted nutrition for palliative care in adult patients
Phillip Good, John Cavenagh, Mark Mather, Peter Ravenscroft
June 2011

Early enteral nutrition within 24h of colorectal surgery versus later commencement of feeding for postoperative complications
Henning Keinke Andersen, Stephen J Lewis, Steve Thomas
February 2011

Enteral tube feeding for amyotrophic lateral sclerosis/motor neuron disease
Hans Dieter Katzberg, Michael Benatar
January 2011

Hypertonic saline for peri-operative fluid management
Vivian McAlister, Karen EA Burns, Tammy Znajda, Brian Church
January 2010

Enteral versus parenteral nutrition for acute pancreatitis
Mohammed Al-Omran, Zaina H AlBalawi, Mariam F Tashkandi, Lubna A Al-Ansary
November 2010

Enteral tube feeding for older people with advanced dementia
Elizabeth L Sampson, Bridget Candy, Louise Jones
April 2009

Nutritional interventions for preventing and treating pressure ulcers
Gero Langer, Astrid Knerr, Oliver Kuss, Johann Behrens, Gabriele J Schlömer
July 2008

NHS Evidence

Nutrition Support in adults: costing report
NICE, 2011
A costing report and costing template have been produced by NICE to provide an implementation tool to estimate the financial impact to the NHS of implementing the clinical guideline CG32 Nutrition support in adults.

Malnutrition Matters Meeting Quality Standards in Nutritional Care
Ailsa Brotherton, Nicola Simmonds and Mike Stroud on behalf of the BAPEN Quality Group
First published May 2010 by BAPEN (British Association for Parenteral and Enteral Nutrition)
A Toolkit for Commissioners and Providers in England

Citation: Jpen: Journal of Parenteral & Enteral Nutrition, January 2011, vol./is. 35/1(16-24),
Author(s): Mueller C, Compher C, Ellen DM, American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.) Board of Directors
THE ‘MUST’ EXPLANATORY BOOKLET. A Guide to the ‘Malnutrition Universal Screening Tool’ (‘MUST’) for Adults
The British Association for Parenteral and Enteral Nutrition (BAPEN), 2011

Further information:

The following sources have been searched for evidence published in the previous 12 months: NICE, SIGN, Cochrane Library and NHS Evidence.

Please contact Sue.Clayton@heartofengland.nhs.uk for any further information.

For more information on how to make the most use of the HEFT Library Services, visit www.heftlibrary.nhs.uk

Visit NHS Evidence www.evidence.nhs.uk to access your guidelines, Cochrane systematic reviews, journals and databases.