This fact sheet provides an overview of recent evidence relevant to Early supported discharge and stroke; 7 day working and stroke and Achieving stroke best practice tariff and information on how the “Outreach Librarian Service” can support you to keep up-to-date.

Selected Evidence

Care Quality Commission: Review of services for people who have had a stroke and their carers 2011

This review looked at the ‘pathway’ of care provided to people who experienced a stroke or a ‘mini-stroke’ and their carers. It was conducted throughout 2010, and focused on care from the point where people prepared to leave hospital, to the ongoing care and support in their homes. It covers both health and adult social care, as well as other relevant services. [http://www.cqc.org.uk/reviewsandstudies/currentprogramme/strokeservices.cfm](http://www.cqc.org.uk/reviewsandstudies/currentprogramme/strokeservices.cfm)

AEU Stroke Rehabilitation


Work begins on new Stroke Unit at RBCH which will see moving from the current five to seven days a week therapy within the new unit. [http://www.rbch.nhs.uk/index.php?id=578](http://www.rbch.nhs.uk/index.php?id=578)

The Stroke Unit and stroke team

The Stroke Unit at Trafford General Hospital has nine beds and is located within the Seymour Unit. It provides 24-hour nursing care seven days a week for patients [http://www.trafford.nhs.uk/services-consultants/stroke-unit](http://www.trafford.nhs.uk/services-consultants/stroke-unit)

Stroke and TIA at Northwick Park Hospital

We provide a seven-day transient ischaemic attack (TIA) service. TIA causes symptoms similar to a stroke - but lasting only a short time [http://www.nwlh.nhs.uk/services/stroke-TIA/](http://www.nwlh.nhs.uk/services/stroke-TIA/)

Stroke—rehabilitation


Articles

Askim, T; Morkved, S; Engen, A; Roos, K; Aas, T and Indredavik, B
Effects of a community-based motor training programme combined with early supported discharge after treatment in a comprehensive stroke unit: A randomized controlled trial Stroke August 2010: 41(8) 1697-1703
Clarke, DC
Achieving teamwork in stroke units: The contribution of opportunistic dialog
*Journal of Interprofessional Care*: 2010: 24(3) 285-297

Cole, E
Stroke of genius: Nurses at St George’s Hospital explain how they deliver top quality patient care after stroke
*Nursing Standard* March 2011: 25(30) 20-21

Demaerschalk, BM
Telemedicine or telephone consultation in patients with acute stroke
*Current Neurological Neuroscience Reports* 2011: 11; 42-51

Gurr, B
Stroke mood screening on an inpatient stroke unit
*British Journal of Nursing* January 2011: 20(2) 94-99

Fisher, RJ; Gaynor, C; Kerr, M; Langhorne, P; Anderson, C; Bautz-Holter, E and Indredavik, B
A consensus on stroke: Early supported discharge
*Stroke* May 2011: 42; 1392-1397

Fisher, R and Walker, M
Early supported discharge: An essential part of stroke care
*Stroke Care* 2011: 3(4) 55-58

Hild Fjaertoft, PT; Rohweder, G and Indredavik, B
Stroke unit care combined with early supported discharge improves 5 year outcome
*Stroke* April 7, 2011:

Hsieh, CH; Putman, K; Nichols, D; McGinty, ME; DeJong, G and Smout, RJ
Physical and occupational therapy in inpatient stroke rehabilitation
*American Journal of Physical Medicine & Rehabilitation* 2010: 89(11) 1862-1868

Krevers, B and Oberg, B
Support/services and family carers of persons with stroke impairment: Perceived importance and services received
*Journal of Rehabilitation Medicine* Feb 2011: (3) 204-209

Johansson, T and Wild, C
Telerehabilitation in stroke care—a systematic review
*Journal of Telemedicine and Telecare* 2011: 17(1) 1-6

Lecouturier, J; Rodgers, H; Murtagh, MJ; White, M and Ford, G
Systematic review of mass media interventions designed to improve public recognition of stroke symptoms, emergency response and early treatment
*BMC Public Health* 2010: 10; 784-793

Luker, JA; Wall, K; Bernhardt, J; Edwards, I and Grimmer-Somers, K
Measuring the quality of Dysphagia management practices following stroke: A systematic review
*International Journal of Stroke* December 2010: 5(6) 466-476

Maasland, L; Brouwer-Goosensen; den Hertog, HM; and Koudstaal, PJ
Health education in patients with a recent stroke or transient ischaemic attack: A comprehensive review

Poslawsky, IE; Schuurmans, MJ; Lindeman, E and Hafsteinsdottir, TB
A systematic review of nursing rehabilitation of stroke patients with aphasia
*Journal of Clinical Nursing* January 2010: 1-2; 17-32 Review
Pringle, J; Hendry, C and McLafferty, E
A review of the early discharge experiences of stroke survivors and their carers
*Journal of Clinical Nursing* 2008: 17(18) 2384-2397

Rudd, AG; Hoffman, A; Grant, R; Campbell, JT and Lowe, D
Stroke thrombolysis in England, Wales and Northern Ireland: How much do we do and how much do we need?
*Journal of Neurology, Neurosurgery & Psychiatry* 2011: 82; 14-19

Sullivan, KJ; Tilson, JK; Cen, SY; Rose, DK; Hershberg, J; Correa, A and Gallichio, J
Fugl-Meyer Assessment of sensorimotor function after stroke: Standardised training procedure for clinical practice and clinical trials
*Stroke* February 2011: 42: 427-432

Tingle, J
Stroke services across England: A mixed and inconsistent picture
*British Journal of Nursing* March 2011: 20(6) 354-355

van Raak, A; Groothuis, S; van der Aa, R; Limburg, M and Vos, L
Shifting stroke care from the hospital to the nursing home: Explaining the outcomes
*Journal of Evaluation in Clinical Practice* December 2010: 16(6) 1203-1208

Wijnhoud, AD; Maasland, L; Lingsma, HF; Ewout, W; Stayerberg, PJ and Koudstaal, PJ
Prediction of major vascular events in patients with transient ischaemic attack or ischaemic stroke: A comparison of 7 models
*Stroke* October 2010; 41: 2178-2185

**How can I help you?**

**Literature search service**
I can offer an expert, in-depth literature search service to help you locate the evidence on any health related topic.

**Training**
If you want to learn to navigate the wealth of available online healthcare information and how to search databases more effectively, the ‘Trust trainer’ can offer timetabled hands-on training sessions or can provide customised one-to-one support. Telephone: 0121 424 0583 or email: laura.lewis2@heartofengland.nhs.uk

**Current awareness services**
If you need to keep up-to-date on a particular topic I can advise on suitable RSS feeds and help you set up article alerts from the major healthcare databases.

**Online resources**
Whilst many good quality resources are freely available, most full-text journals and the main bibliographic databases (e.g. Medline and CINAHL) require an Athens username and password. To register for an Athens login go to [www.athens.nhs.uk](http://www.athens.nhs.uk)

The Library web pages contain detailed information about library services and training opportunities, online request and registration forms and several guides on key online resources and evidence-based websites at [www.heftlibrary.nhs.uk](http://www.heftlibrary.nhs.uk)

**Contact**
The Outreach Librarian is located in the education centre at Heartlands Hospital, on the first floor, next to the Library.
Telephone 0121 424 2503 (42503) or email: ann.button@heartofengland.nhs.uk