This fact sheet provides an overview of recent evidence relevant to Continence information on how the “Outreach Librarian Service” can support you to keep up-to-date.

Selected Evidence

Articles

Arentzen J  
**Does a nurse-driven protocol for urinary catheter removal empower nurses to remove urinary catheters without a physician order?**  

Baker B  
**Urinary incontinence nursing considerations at the end of life**  
Urologic Nursing, 2011: 31(3) 169-172

Botlero, R  
**Incidence and resolution rates of different types of urinary incontinence in women: Findings from a cohort study.**  
The Journal of Urology, 2011: 185(4) 1331-1337

Davis C  
**Continence study guides policymakers towards an integrated approach**  
Nursing Older People, September 2011: 23(7) 7-7

De Jaeger M  
**Exploring urinary catheters: The perspectives of patients and nurses.**  
British Journal of Nursing, 2011: April 20(7) 400, 402 & 404

Huebner M  
**Pelvic floor muscle training for stress urinary incontinence: A randomized, controlled trial comparing different conservative therapies.**  
Physiotherapy Research International, September 2011: 16(3) 133-140

Jura YH  
**Caffeine intake and the risks of stress, urgency and mixed urinary incontinence**  
The Journal of Urology, May 2011: 185(5) 1775-1780

Matteucci R & Walsh K  
**Urinary catheter use and prevention of infection: Evidence-based care sheet**  
CINAHL Plus, February 2011: 1-2
Romito D
*Urinary tract infections in patients admitted to rehabilitation from acute care settings: A descriptive research study*
Rehabilitation Nursing, September/October 2011: 36(5) 216-222

Shakespeare K
*Management of urinary incontinence in frail elderly women*
Obstetrics, Gynaecology & Reproductive Medicine, October 2011: 21(10) 281-287

Specht JK
*Promoting continence in individuals with dementia*
Journal Gerontological Nursing: 2011, 37(2) 17-21

Taylor D
*Faecal incontinence*
Nursing Standard, August 2011: 25(48) 59

Young J & Conway C
*Urinary catheter use in end of life care*
Nursing Times, August 2011: 107(29) 24-25

Zisberg A
*Incontinence brief use in acute hospitalized patients with no prior incontinence*
Journal of Wound, Ostomy and Continence Nursing, September/October 2011: 38(5) 559-564

How can I help you?

**Literature search service**
I can offer an expert, in-depth literature search service to help you locate the evidence on any health related topic.

**Training**
If you want to learn to navigate the wealth of available online healthcare information and how to search databases more effectively, the ‘Trust trainer’ can offer timetabled hands-on training sessions or can provide customised one-to-one support. Telephone: 0121 424 0583 or email: laura.lewis2@heartofengland.nhs.uk

**Current awareness services**
If you need to keep up-to-date on a particular topic I can advise on suitable RSS feeds and help you set up article alerts from the major healthcare databases.

**Online resources**
Whilst many good quality resources are freely available, most full-text journals and the main bibliographic databases (e.g. Medline and CINAHL) require an Athens username and password. To register for an Athens login go to [www.athens.nhs.uk](http://www.athens.nhs.uk), or [www.evidence.nhs.uk](http://www.evidence.nhs.uk)

The Library web pages contain detailed information about library services and training opportunities, online request and registration forms and several guides on key online resources and evidence-based websites at [www.heftlibrary.nhs.uk](http://www.heftlibrary.nhs.uk)

**Contact**
The Outreach Librarian is located in the education centre at Heartlands Hospital, on the first floor, next to the Library.
Telephone 0121 424 2503 (42503) or email: ann.button@heartofengland.nhs.uk