This fact sheet provides a 2011 overview of recent evidence relevant to “assessing, managing frailty” and “admission avoidance and frail elderly patients” in hospitals and information on how the “Outreach Librarian Service” can support you to keep up-to-date.

Selected evidence
Care and Compassion? Ombudsman Report 15th February 2011
www.ombudsman.org.uk/care-and-compassion/home

Articles
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The frail renin-angiotensin system
Clinics in Geriatric Medicine, February 2011: 27(1) 53-65
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Archives of Gerontology and Geriatrics, September - October 2011: 53(2) e138-143

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Frailty: joining the giants

Ellis G, Whitehead MA, O'Neill D, Langhorne P & Robinson D
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Age & Ageing, March 2011: 40(2) 274-7

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British Journal of Clinical Pharmacology, February 2011: 71(2) 224-31

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Archives of Gerontology & Geriatrics, May 2011: 52(3) 290-4

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Clinics in Geriatric Medicine, 2011: 27(1) 89-100
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Trials, June 2011: 12, 155

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Journal of Neuroengineering & Rehabilitation, 2011: 8(2)
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JAMA, April 2011: 305(13) 1350-1
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Leslie WS
Improving the dietary intake of frail older people
Proceedings of the Nutrition Society, May 2011: 70(2) 263-7

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McLachlan AJ, Bath S, Naganathan V, Hilmer SN, Le Couteur DG & Gibson SL
Clinical pharmacology of analgesic medicines in older people: impact of frailty and cognitive impairment
British Journal of Clinical Pharmacology, 2011: 71(3)

Mclinn J, Steel C & Bowman A
Investigation and management of unintentional weight loss in older adults
BMJ, 2011:342(1732)
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Journal of Medical Ethics, February 2011: 37(2) 126-8
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Archives of Gerontology & Geriatrics, March 2011: 52/2 e75-8

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The Medical Clinics of North America, 2011: 95(3) 427-38

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Journal of the American Geriatrics Society, April 2011: 59/4 655-65
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Clinics in Geriatric Medicine, February 2011: 27(1) 39-52
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How can I help you?

Literature search service
I can offer an expert, in-depth literature search service to help you locate the evidence on any health related topic.

Training
If you want to learn to navigate the wealth of available online healthcare information and how to search databases more effectively, the ‘Trust trainer’ can offer timetabled hands-on training sessions or can provide customised one-to-one support. Telephone: 0121 424 0583 or email: lara.lewis2@heartofengland.nhs.uk

Current awareness services
If you need to keep up-to-date on a particular topic I can advise on suitable RSS feeds and help you set up article alerts from the major healthcare databases.

Online resources
Whilst many good quality resources are freely available, most full-text journals and the main bibliographic databases (e.g. Medline and CINAHL) require an Athens username and password. To register for an Athens login go to www.athens.nhs.uk

The Library web pages contain detailed information about library services and training opportunities, online request and registration forms and several guides on key online resources and evidence-based websites at www.heftlibrary.nhs.uk

Contact
The Outreach Librarian is located in the education centre at Heartlands Hospital, on the first floor, next to the Library. Telephone 0121 424 2503 (42503) or email: ann.button@heartofengland.nhs.uk