Welcome to the latest October Newsletter. This will be produced every 2-3 months and lists the most recent literature in the field.

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If you cannot access the full text, please contact your local trust library, who will be able to assist you. There may be a charge for this service. You may also access journals via http://www.evidence.nhs.uk via your Athens account.
**Cochrane Systematic Reviews**

None to report

**National Guidelines**

Promoting independence in old age: NICE guideline will support those who need help to live at home | Press and media | News | NICE. [Full Text][10/1/2015].

Research recommendations | Science policy and research | What we do | About | NICE. [Full Text][10/1/2015].

**Falls Effects**


Do prescribed medicines affect falls risk? Practice | 15 June 2015.


Older people with COPD have fall rates similar to those with neurological conditions Nursing Standard 2015 29: 50, 14.

People who use walking sticks restrict their mobility due to fear of falling, study finds Nursing Standard 2015 29: 38, 17.

Some over-the-counter drugs may be linked to falls in older men NHS Choices | 7 August 2015.

**Falls Prevention**


Board’s eye view - Screening for falls Linsey Sheerin Emergency Nurse 2015 23: 3, 11.


Exercise regularly | Health and wellbeing | Age UK. [Full Text][9/18/2015].
Get up and go - a guide to staying steady | The Chartered Society of Physiotherapy. Full Text [9/18/2015].


OKEKE, J., MORGAN, K. and SINGH, I., 2015. 41 THE IMPACT OF A SYSTEMATIC NURSE TRAINING PROGRAMME ON FALLS RISK ASSESSMENT AND FALLS INCIDENCE: A STUDY BASED IN A 100% SINGLE-ROOM ELDERLY CARE ENVIRONMENT. Age and Ageing, 44(suppl 2), pp. ii10-ii11.


Preventing falls in older people Nursing Standard 2015 29: 34, 19.


Injurious Falls


DUVAL, G.T., BEAUCHET, O. and ANNWEILER, C., 2015. Vitamin D Deficiency and Incident Onset of Orthostatic Hypotension in Older Adults: Preliminary Results from the 'MERE' Study. Journal of the American Geriatrics Society, 63(6), pp. 1245-1247. Full Text


Sources

The following sources have been searched for evidence published in the previous three months.

- Age UK
- British Geriatrics Society
- Care Quality Commission
- Chartered Society of Physiotherapists
- Cochrane Library
- Department of Health
- National Patient Safety Agency
- NHS Institute for Innovation and Improvement
- NICE Evidence Healthcare Databases: BNI, CINAHL, Health Business Elite and MEDLINE.
- NICE Guidelines
- Nursing and Midwifery Council
- Royal College of Physicians

Some key Nursing journals were also scanned. For a full list of sources used for the update, Please contact the Editor for further information.
HEFT Libraries-Good Hope, Heartlands and Solihull

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