Welcome to the latest **December 2015** Newsletter. This will be produced every 2-3 months and lists the most recent literature in the field.

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**Nutritional Assessment Update**

December 2015

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Cochrane Reviews

Abstract: BACKGROUND: Nutritional support is an essential component of critical care. Malnutrition has been associated with poor outcomes among patients in intensive care units (ICUs). Evidence suggests that in patients with a functional gut, nutrition should be administered through the enteral route. One of the main concerns regarding use of the enteral route is the reduction in gastric motility that is often responsible for limited caloric intake. This increases the risk of aspiration pneumonia as well. Post-pyloric feeding, in which the feed is delivered directly into the duodenum or the jejunum, could solve these issues and provide additional benefits over routine gastric administration of the feed. OBJECTIVES: To evaluate the effectiveness and safety of post-pyloric feeding versus gastric feeding for critically ill adults who require enteral tube feeding. Full Text

Abstract: BACKGROUND: Parenteral fluids are commonly used in people with acute stroke with poor oral fluid intake. However, the balance between benefit and harm for different fluid regimens is unclear. OBJECTIVES: To assess whether different parenteral fluid regimens lead to differences in death, or death or dependence, after stroke based on fluid type, fluid volume, duration of fluid administration, and mode of delivery. Full Text

Dietician Role


Dysphagia


Fluid Management


Interventions


Nursing Role


Nutritional Status


Organisation


The following sources have been searched for evidence published in the previous four months

- Age and Ageing
- BMJ
- British Journal of Community Nursing
- British Journal of Nursing
- Clinical Nutrition
- Critical Care Medicine
- Current Opinion in Clinical Nutrition and Metabolic Care
- Dysphagia
- European Journal of Clinical Nutrition
- Gastrointestinal Nursing
- GUT
- International Journal of Palliative Nursing
- Intensive Care Medicine
- Intensive and Critical Care Nursing
- JAMA, Journal of the American Medical Association
- Journal of Advanced Nursing
- JPEN, Journal of Parenteral and Enteral Nutrition
- Journal of the Academy of Nutrition and Dietetics
- Journal of the American Geriatric Society
- Journal of Wound care
- Lancet
- NEJM, New England Journal of Medicine
- NICE Published Clinical Guidelines
- NICE Published Technology Appraisals
- Nursing and Residential Care
- Nursing Standard
- Nursing Times
- Nutrition
- Nutrition in Clinical Practice
- Proceedings of the Nutrition Society
- Scottish Intercollegiate Guidelines Network (SIGN)

Please contact the editor for further information.

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